Ready
- 4 cones (for boundaries)
- 1 6' parachute per 6-8 students
- 1 7” foamball per 6-8 students

Set
- Create large (30X30 paces) activity area.
- Scatter small parachutes in area.
- Place groups of 6-8 students around each parachute.
- Keep balls off chute until needed.

GO!
1. The object of Fly in the Web is to see how many times your group can toss and catch the ball using your parachute.
2. Pretend you are spiders and the chute is your web. The ball is the fly (also known as lunch!).
3. On signal, practice moving your “web” up and down. (Allow time for practice.)
4. When I see your group is ready, I’ll place a “fly” in the center of your “web,” and you may begin.
5. Work with your group to toss the “fly” in the air and catch it on your web.
6. Challenges . . .
   - How many times can your group catch the “fly” in your web before it gets away (falls off the chute)?
   - How many times can your group catch the “fly” before the stop signal?
7. Wrap It Up
   - What did you do with your group to make it easier to catch the “fly?” (Discuss cooperation and how it helps in many activities during PE.)
2 Flies
Which groups are ready to try tossing and catching 2 balls at the same time?

2 Webs Together
Can 2 or more groups toss and catch 1 ball back and forth between their chutes?

STANDARDS ADDRESSED

• **NASPE**
  #1, 2 Spatial awareness, tossing, catching
  #3, 4 Upper body muscular endurance, cardiovascular endurance
  #5, 6 Cooperation, accepting personal challenges

  **Your State** (Write in here)

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PAULA’S POINTERS

• If using balls that bounce, allow the ball to bounce before being caught.
• Provide a variety of sizes, shapes, weights, densities, and colors of balls so students can experiment.

NOTES

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ACADEMIC

Science
Spiders wait patiently on or near their webs for prey to become trapped. They can sense their prey by the vibrations sent on the web lines. Some lines are sticky and others are not, and even the spider itself can get stuck on the sticky lines! *(Read Diary of a Spider by Doreen Cronin for more information on spiders.)*